Title of Lesson: Anti-Bullying Building Blocks

Outcome or Standard: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others; students will make decisions, set goals and take necessary action to achieve goals; students will understand safety and survival skills.

Competencies:

* PS:A2.6 – Use effective communication skills
* PS:A2.7 – Know that communication involves speaking, listening and nonverbal behavior
* PS:B1.2 – Understand consequences of decisions and choices
* PS:B1.5 – Demonstrate when, where and how to seek help for solving problems and making decisions
* PS:C1.3 – Learn about the differences between appropriate and inappropriate physical contact
* PS:C1.5 – Differentiate between situations requiring peer support and situations requiring adult professional help

Learning Objective: Third grade students will learn positive social behavior and reduce problem bullying behavior.

Materials: Bullying needs assessment for each student

Developmental Learning Activities:

* Introduction: Pass out needs assessments to students and explain the process for completing the survey prior to any instruction about bullying and anti-bullying behaviors.
* Activity: Lesson 1 of 5 is a discussion about feelings and explanation of different emotions; counselors will utilize feelings chart and mirrors to explain different emotions and feelings; counselors will then provide an in-depth explanation of bullying and problem behaviors.
* Conclusion: Counselor will lead a discussion with students about what they learned; students will reiterate what constitutes bullying and problem behaviors.

Assessment/Evaluation: Students will complete a process evaluation.

Follow-up: Counselors will adapt lessons 2-5 of the series based on student process evaluation responses.